

To,

The Teacher in Charge,

Jatindra Rajendra Mahavidyalaya,

Amtala, Murshidabad.

Sub: Prayer for granting permission for introducing an Add-on Course & a Value-added Course in the current Academic Session 2022-2023

Madam,

This is for your kind information that the Department of English in its Departmental meeting has taken a resolution to introduce two Courses viz. a Value Added Course on "Personality Development" & an Add-on Course on "Understanding Life through the Lens of Literature" in the current Academic Session 2022-2023. In order to go ahead we need to seek your permission which we are sure will be granted by you for the larger interest of the students of our college.

Therefore, we earnestly request you to grant us the permission to introduce the above courses so that we can publish the notification as soon as possible. Thanking you in anticipation.

Abdul Halim Sikder

Yours sincerely,

Abdul Halim Sikder
HOD, Department of English
Jatindra Rajendra Mahavidyalaya
Murshidabad

Department of English
Jatindra Rajendra Mahavidyalaya,

Jatindra-Rajendra Mahavidyalaya

ESTD--1986

P.O.--Amtala ❖ Dist.--Murshidabad ❖ Pin Code-742121



Ref. No.---

Date..11.10.2022

NOTICE

This is to inform all the English Honours students of the 1st, 3rd, and 5th semesters that the English Department is going to offer a value-added course entitled "Personality Development" from 3/11/22 to 18/12/22. The course fee is Rs. 00. All the desirous students are instructed to contact the college for registration by October 30, 2022.

Abdul Halim Shaikh

Signature of the Head of the Department.



Qura

Signature of the T.I.C/ Principal

Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

ENROLLMENT SHEET

Add On / Value Added Course

Dept. Name
English

Course Name
Personality Development

Session :
2022-2023

Sl	Reg no	Student Id	Name	Gender	Caste	Signature of Students
1	051345	B.A/22/0005	AYESHA SIDDIKA KHATUN	F	OBC-A	Ayesha Siddika Khatun
2	051359	B.A/22/0021	PUJA MONDAL	F	General	Puja Mondal
3	051347	B.A/22/0029	DEBIKA SAHA	F	SC	Debika Saha
4	051358	B.A/22/0031	PUJA CHOWDHURY	F	SC	Puja Chowdhury
5	051375	B.A/22/0039	TITLI MANDAL	F	SC	Titli Mandal
6	051376	B.A/22/0048	UMME SALMA SIDDIKA	F	OBC-A	Umme Salma Siddika
7	051361	B.A/22/0073	RASHIDA KHATUN	F	OBC-A	Rashida Khatun
8	051356	B.A/22/0077	NAIMA FARHIN	F	OBC-A	Naima Farhin
9	051390	B.A/22/0079	Shubhaji Das	M	SC	Shubhaji Das
10	051342	B.A/22/0081	ANANYA DAS	F	General	Ananya Das
11	051353	B.A/22/0082	MOUMITA KHATUN	F	OBC-A	Moumita Khatun
12	051367	B.A/22/0093	Samima Khatun	F	OBC-A	Samima Khatun
13	051362	B.A/22/0098	Reshma Khatun	F	OBC-A	Reshma Khatun
14	051343	B.A/22/0142	ANITA KHATUN	F	OBC-A	Anita Khatun
15	051352	B.A/22/0157	MOULI GAIN	F	General	Mouli Gain
16	051348	B.A/22/0169	FIZA KHATUN	F	OBC-A	Fiza Khatun
17	051394	B.A/22/0178	SUPRIYO DAS	M	SC	Supriyo Das
18	051384	B.A/22/0179	JOSIMADDIN MONDAL	M	General	Moslima Josimaddin Mondal
19	051355	B.A/22/0203	MUSLIMA KHATUN	F	General	Muslima Khatun
20	051360	B.A/22/0205	RAIHANA SULTANA	F	OBC-A	Raihana Sultana
21	051351	B.A/22/0206	MONIJA KHATUN	F	OBC-A	Monija Khatun
22	051365	B.A/22/0213	ROSE KHATUN	F	OBC-A	Rose Khatun
23	051350	B.A/22/0218	JULIAS PARVIN	F	OBC-A	Julia Parvin
24	051364	B.A/22/0241	RITIKA SARKAR	F	General	Ritika Sarkar
25	051346	B.A/22/0245	BUSRA AZMI	F	General	Busra Azmi
26	051391	B.A/22/0247	SOUMYA SUBHRA BISWAS	M	General	Soumya Subhpa Biswas
27	051368	B.A/22/0285	SHIMRAN KHATUN	F	General	Shimran Khatun
28	051382	B.A/22/0289	EAMIN MONDAL	M	General	Eamin Mondal
29	051386	B.A/22/0295	SAHIN SK	M	General	Sahin Sk
30	051371	B.A/22/0306	SUMANA MANDAL	F	General	Sumana Mandal
31	051388	B.A/22/0310	SAMSUL ALAM MIA	M	General	Samsul alam mia
32	051385	B.A/22/0328	MUANUR MALITYA	M	General	Mijanur Malitya
33	051392	B.A/22/0332	SOYEB AKTAR MONDAL	M	OBC-A	Soyeb Aktar Mondal
34	051378	B.A/22/0339	ANISH MANDAL	M	General	Anish Mandal
35	051354	B.A/22/0354	MOUSUMI KHATUN	F	General	Mousumi Khatun
36	051380	B.A/22/0370	ASIF SK	M	General	Asif Sk
37	051349	B.A/22/0373	JAHURA KHATUN	F	OBC-A	Jahura Khatun
38	051381	B.A/22/0917	ASIQUE IQBAL MONDAL	M	General	Asique Iqbal Mondal
39	051389	B.A/22/1046	SAYAN MONDAL	M	General	Sayan Mandal
40	051366	B.A/22/1110	SAMIMA AKTAR	F	General	Samima Aktar
41	051387	B.A/22/1203	SAHIR KHAN	M	OBC-B	Sahir Khan
42	051363	B.A/22/1295	RIMA KHATUN	F	General	Rima Khatun

Amal Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist.- Msd.

Signature of Principal / Teacher-in-charge

Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

ENROLLMENT SHEET

Add On / Value Added Course

Dept. Name
English

Course Name
Personality Development

Session :
2022-2023

Sl	Reg no	Student Id	Name	Gender	Caste	Signature of Students
43	051372	B.A/22/1370	SURAIYA MONDAL	F	General	Suraiya Mondal
44	051383	B.A/22/1378	JASIMUDDIN SK	M	OBC-A	Jasimuddin Sk
45	051393	B.A/22/1387	SUBHANKAR MONDAL	M	SC	Subhankar Mondal
46	051369	B.A/22/1444	SOHANA KHATUN	F	OBC-A	Sohana Khatun
47	051374	B.A/22/1461	TANIMA YEASMIN	F	OBC-B	Tanima Yesmin
48	065452	B.A/21/0051	MANTU PRAMANIK	F	OBC-B	Mantu Pramanik
49	065465	B.A/21/0063	SUSMITA DAS	F	SC	Susmita Das
50	065447	B.A/21/0067	ANINDITA KARMAKAR	F	OBC-B	Anindita Karmakar
51	065481	B.A/21/0078	SUPRATIK BISWAS	M	General	Supratik Biswas
52	065471	B.A/21/0095	JAMIRUL SK	M	General	Jamirul Sk
53	065468	B.A/21/0108	ARJIT KARMAKAR	M	OBC-B	Arjit Karmakar
54	065464	B.A/21/0121	SUHANA KHATUN	F	General	Suhana Khatun
55	065460	B.A/21/0122	PRIYA CHOWDHURY	F	SC	Priya Chowdhury
56	065459	B.A/21/0156	PIPASHA KHATUN	F	OBC-A	Pipasha Khatun
57	065476	B.A/21/0171	PIKU MANDAL	M	General	Piku Mandal
58	065478	B.A/21/0178	SAMRAT MONDAL	M	General	Samrat Mondal
59	065482	B.A/21/0180	TOHIDUL MANDAL	M	General	Tohidul Mandal
60	065462	B.A/21/0221	RUBINA KHATUN	F	OBC-A	Rubina Khatun
61	065454	B.A/21/0222	MOUPIYA MAJUMDER	F	General	Moupiya Majumder
62	065457	B.A/21/0225	NARJUMA KHATUN	F	General	Narjuma Khatun
63	065463	B.A/21/0236	SAHANAJ MONDAL	F	OBC-A	Sahanaj Mondal
64	065475	B.A/21/0244	MEHEDI HASAN HALSONA	M	General	Mehedi Hasan Halsona
65	065453	B.A/21/0276	MARIA KIPTIA	F	General	Maria Kiptia
66	065477	B.A/21/1038	RASEL SAIKH	M	General	Rasel Saikh
67	065470	B.A/21/1047	FARDOSH BISWAS	M	OBC-A	Fardosh Biswas
68	065461	B.A/21/1629	ROQUEA TASNIM	F	General	Roquea Tasnim
69	065449	B.A/21/1630	FARHANA AKTAR	F	General	Farhana Aktar
70	065473	B.A/21/1659	KAMRUJJAMAN MONDAL	M	General	Kamrujjaman Mondal
71	065480	B.A/21/1712	SUMAN MONDAL	M	OBC-A	Suman Mondal
72	065466	B.A/21/1736	Tania Khatun	F	OBC-A	Tania Khatun
73	065472	B.A/21/1826	Juel Rana Malitya	M	General	Juel Rana Malitya
74	065451	B.A/21/1880	HENA KHATUN	F	General	Hena Khatun
75	065458	B.A/21/1886	OYEHEDA NASRIN	F	General	Oyeheda Nasrin
76	057632	B.A/20/0022	JEMIRA ANJUM	F	OBC-A	Jemira Anjum
77	057631	B.A/20/0044	ISHITA AKTER SATHI	F	General	Ishita Akter Sathi
78	057635	B.A/20/0053	RIMI SAHA	F	OBC-B	Rimi Saha
79	057630	B.A/20/0055	HAFEJA KHATUN	F	General	Hafeja Khatun
80	057627	B.A/20/0057	ANANYA CHATTERJEE	F	General	Ananya Chatterjee
81	057628	B.A/20/0112	ANUSHREE CHOWDHURY	F	SC	Anushree Chowdhury
82	057640	B.A/20/0121	SATHI KHATUN	F	OBC-A	Sathi Khatun
83	057649	B.A/20/0127	IMAN KABIR	M	General	Iman Kabir
84	057629	B.A/20/0128	BANYA GHOSH	F	General	Banya Ghosh

Amal Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist.- Msd.

Signature of Principal / Teacher-in-charge

Teacher-In-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

JATINDRA RAJENDRA MAHAVIDYALAYA

P.O - AMTALA * DIST. - MURSHIDABAD * PIN CODE - 742121
E-mail - principal@jrm.org.in, Web Site - www.jrm.org.in, Phone No - 03482-247244, 247107

ENROLLMENT SHEET

Add On / Value Added Course

Dept. Name
English

Course Name
Personality Development

Session :
2022-2023

Sl	Reg no	Student Id	Name	Gender	Caste	Signature of Students
85	057641	B.A/20/0161	SHILPA HALDER	F	SC	Shilpa Halder
86	057659	B.A/20/0167	TANMOY CHAKRABORTY	M	General	Tanmoy Chakraborty
87	057644	B.A/20/0172	SOHANA SULTANA	F	General	Sohana Sultana
88	057653	B.A/20/0177	PAPPU GHOSH	M	OBC-B	Pappu Ghosh
89	057657	B.A/20/0395	SAJJAD SK	M	General	Sajjad SK
90	057643	B.A/20/0399	SINTHIYA BISWAS	F	General	Sinthiya Biswas
91	057634	B.A/20/0406	RICHA CHAKRABORTY	F	General	Richa Chakraborty
92	057660	B.A/20/0428	TARIF AZIZ BISWAS	M	OBC-A	Richa Chakraborty
93	057652	B.A/20/0433	NAJBUL MONDAL	M	General	Najibul Mondal
94	057645	B.A/20/0521	SUHANA MONDAL	F	OBC-A	Suhana Mondal
95	057658	B.A/20/0528	SAMIM MANDAL	M	General	Samim Mandal
96	057639	B.A/20/0576	SABNUR KHATUN	F	General	Sabnur Khatun
97	057654	B.A/20/1428	PRANTIK MAJUMDER	M	General	Prantik Majumder
98	057638	B.A/20/1437	SABANA AJMI	F	General	Sabana Ajmi
99	057633	B.A/20/1452	MUNNAHAR KHATUN	F	OBC-A	Munnahar Khatun
100	057656	B.A/20/1502	SAIMIN HOSSAIN SEKH	M	General	Saimin Hossain Sekh
101	057661	B.A/20/1505	TOHEL RANA MONDAL	M	OBC-A	Tohel Rana Mondal
102	057646	B.A/20/1517	SUHANA SULTANA	F	OBC-A	Suhana Sultana
103	057662	B.A/20/1524	TRINOY DEY	M	General	Trinoy Dey
104	081719	B.A/20/1593	ASIA KHATUN	F	General	Aisa Khatun

Anil Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist.- Msd.

Bera

Signature of Principal / Teacher-in-charge

Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

Jatindra Rajendra Mahavidyalya

Amtala, Murshidabad

Department of English

Value Added Course

Topic: Personality Development

Session-2022-2023

Course Duration: 03.11.2022-18.12.2022

Class Routine

Total Lectures: 30 hours

1	03/11/2022	4.30 pm -5.30pm	Meaning and concept of personality	AHS
2	04/11/2022	4.30 pm -5.30pm	Personality traits	AS
3	05/11/2022	4.30 pm -5.30pm	Self-development	KC
4	06/11/2022	4.30 pm -5.30pm	Personality development	AHS
5	07/11/2022	4.30 pm -5.30pm	Theory related to personality development	AS
6	08/11/2022	4.30 pm -5.30pm	Motivation	KC
7	09/11/2022	4.30 pm -5.30pm	Aspects of personality development: Introduction	AHS
8	10/11/2022	4.30 pm -5.30pm	Self image, & self concept	AS
9	12/11/2022	4.30 pm -5.30pm	Self identity & self awareness	KC
10	14/11/2022	4.30 pm -5.30pm	Emotional intelligence	AHS
11	17/11/2022	4.30 pm -5.30pm	Attitude-its meaning	AS
12	19/11/2022	4.30 pm -5.30pm	Importance and factors affecting attitude	KC
13	21/11/2022	4.30 pm -5.30pm	Creativity as personality development	AHS
14	23/11/2022	4.30 pm -5.30pm	Personality skills & Soft skills	AS
15	25/11/2022	4.30 pm -5.30pm	Communication skills	KC
16	27/11/2022	4.30 pm -5.30pm	Interpersonal skills & Personal skills	AHS
17	29/11/2022	4.30 pm -5.30pm	Presentation skill	AS
18	30/11/2022	4.30 pm -5.30pm	Resume writing	KC
19	02/12/2022	4.30 pm -5.30pm	Personal interview	AHS
20	05/12/2022	4.30 pm -5.30pm	Mock interview	AS
21	07/12/2022	4.30 pm -5.30pm	Group discussion	KC
22	10/12/2022	4.30 pm -5.30pm	Team work and Leadership development:	AHS
23	11/12/2022	4.30 pm -5.30pm	Body language- its types and role	AS
24	12/12/2022	4.30 pm -5.30pm	Group dynamic	KC
25	13/12/2022	4.30 pm -5.30pm	Team development	KC
26	14/12/2022	4.30 pm -5.30pm	Body language- its types and role	AHS
27	15/12/2022	4.30 pm -5.30pm	Conflict management	AS
28	16/12/2022	4.30 pm -5.30pm	Anger management	KC
29	17/12/2022	4.30 pm -5.30pm	Leadership and importance of developing leadership	AHS
30	18/12/2022	4.30 pm -5.30pm	Mock Test	AS
			Conclusion	KC

Amal Sarkar
Value added Course
Co - Ordinator
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P.O.- Amtala, Dist.- Msd.

Jatindra Rajendra Mahavidyalya

Amtala, Murshidabad

Department of English

Value Added Course

Topic: Personality Development

Session-2022-2023

Course Duration: 03.11.2022-18.12.2022

Lesson Plan

Total Lectures: 30 hours

Sl NO	Date	Topic	Teacher	
1	03/11/2022	Lecture	Meaning and concept of personality	AHS
2	04/11/2022	Lecture	Personality traits	AS
3	05/11/2022	Lecture	Self-development	KC
4	06/11/2022	Lecture	Personality development	AHS
5	07/11/2022	Lecture	Theory related to personality development	AS
6	08/11/2022	Lecture	Motivation	KC
7	09/11/2022	Lecture	Aspects of personality development: Introduction	AHS
8	10/11/2022	Lecture	Self image, & self concept	AS
9	12/11/2022	Lecture	Self identity & self awareness	KC
10	14/11/2022	Lecture	Emotional intelligence	AHS
11	17/11/2022	Lecture	Attitude-its meaning	AS
12	19/11/2022	Lecture	Importance and factors affecting attitude	KC
13	21/11/2022	Lecture	Creativity as personality development	AHS
14	23/11/2022	Lecture	Personality skills & Soft skills	AS
15	25/11/2022	Lecture	Communication skills	KC
16	27/11/2022	Lecture	Interpersonal skills & Personal skills	AHS
17	29/11/2022	Lecture	Presentation skill	AS
18	30/11/2022	Lecture	Resume writing	KC
19	02/12/2022	Lecture	Personal interview	AHS
20	05/12/2022	Lecture	Mock interview	AS
21	07/12/2022	Lecture	Group discussion	KC
22	10/12/2022	Lecture	Team work and Leadership development:	AHS
23	11/12/2022	Lecture	Body language- its types and role Group dynamic	AS
24	12/12/2022	Lecture	Team development	KC
25	13/12/2022	Lecture	Body language- its types and role	AHS

Value added course
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Dist. - Msd.

Amal Sarkar

26	14/12/2022	Lecture	Conflict management	AS
27	15/12/2022	Lecture	Anger management	KC
28	16/12/2022	Lecture	Leadership and importance of developing leadership	AHS
29	17/12/2022	Lecture	Mock Test	AS
30	18/12/2022	Lecture	Conclusion	KC

Suggested Readings:

1. Personality development and soft skill- Goyal Brothers Prakasan
2. Bowman, J.P. & Branchaw, P.P. (1987) Business Communication: From process to product, Dyrden Press, Chicago
3. Dwivedi A., Communications skills for professionals and students.
4. Krizan, A. Merrier, P., & Jones, C. (2002). Business Communication (5th ed.). Ohio: South-Western College Publishing
5. Dangwal, Surekha. (2017). The Art of effective Communication, Delhi: Macmillan
6. Bond M. (1988) Stress and Self Awareness: a Guide.
7. Lal and Joshi, Educational Psychology and Elementary Statistics, R.Lal Book Depot, Meerut
8. Linda Mendoza, Developing Effective Communication Skills

Anil Sarker
 Value added course
 Value added course
 J.J. Mahavidyalaya
 P.O.- J. Bhatnagar, Vidya-Msd.
 P.O.- Anand, Dist.- Msd.

JATINDRA RAJENDRA MAHAVIDYALAYA

Amtala* Murshidabad

Department of English

Value Added Course

TOPIC: PERSONALITY DEVELOPMENT

COURSE CO-ORDINATOR: Amal Sarkar

Designation: Assistant Professor

Jatindra Rajendra Mahavidyalaya

Under the Guidance of IQAC, Jatindra Rajendra Mahavidyalaya

SESSION: 2022-2023

Course Duration: 3.11.2022-18.12.2022

Open to: Under Graduate Students

COMMENCEMENT OF THE COURSE: 03.05.2021

COURSE DURATION: 30 HOURS

NO COURSE FEE

COURSE OUTCOMES

Students will understand the importance to grow personality in each and every aspect of their life:

- **Students will be able to understand the Concept of personality**
- **Students will know various aspects of personality.**
- **Students will be able develop effective communication skill**
- **Students will be able to acquire knowledge of body language.**
- **Students will be able to learn about the leadership development.**
- **Students will be able understand the concept of time management and communication skill.**

SYLLABUS OF VALUE ADDED COURSE

PERSONALITY DEVELOPMENT

Module 1

Meaning and concept of personality
Personality traits
Self-development
Personality development
Theory related to personality development
Motivation

Module 2

Aspects of personality development:
Self image, & self concept
Self identity & self awareness and components improving self awareness
Emotional intelligence and its components
Attitude-its meaning
Importance and factors affecting attitude
Creativity as personality development

Module 3

Personality skills:
Soft skills
Communication skills
Interpersonal skills
Personal skills
Presentation skill
Resume writing
Personal interview
Mock interview
Group discussion

Module 4

Team work and Leadership development:
Group dynamic
Team development
Body language- its types and role
Conflict management
Anger management
Leadership and importance of developing leadership

Module 5

Conclusion

JATINDRA RAJENDRA MAHAVIDYALAYA

AMTALA* MURSHIDABAD

Department of English

Value Added Course on Personality Development

30 HOURS VALUE ADDED COURSE

ON

Personality Development

Open to all English & other Interested Students of any Department

Organized by

Department of English, Under Guidance of IQAC, Jatindra Rajendra Mahavidyalaya

About the 30 Hours Value Added Course	
Course Title	Personality Development
Course Outcome	Students will understand the importance to grow personality in each and every aspect of their life: <ul style="list-style-type: none">➤ Students will be able to understand the Concept of personality➤ Students will know various aspects of personality.➤ Students will be able develop effective communication skill➤ Students will be able to acquire knowledge of body language.➤ Students will be able to learn about the leadership development.➤ Students will be able understand the concept of time management and communication skill.
Course Fee	Nil
Course Duration	One Class : 1 Hour 30 Lectures= 30 Hours Total Course Duration = 30 Hours Final Assessment on the Last Day.
Assessment Process	MCQ
Course Certificate	Students will get certificate on Course-end Assessment
Course Coordinator	Amal sarkar, Assistant Professor, Department of English

Value Added Course Syllabus

Module 1



[Duration : 6 Hours]

Meaning and concept of personality

Personality traits

Self-development

Personality development

Theory related to personality development

Motivation

Module 2

[Duration : 7 Hours]

Aspects of personality development:

Self image, & self concept

Self identity & self awareness and components improving self awareness

Emotional intelligence and its components

Attitude-its meaning

Importance and factors affecting attitude

Creativity as personality development

Module 3

[Duration: 8 Hours]

Personality skills:

Soft skills

Communication skills

Interpersonal skills

Personal skills

Presentation skill

Resume writing

Personal interview

Mock interview

Group discussion

Module 4

[Duration: 7 Hours]

Team work and Leadership development:

Group dynamic

Team development

Body language- its types and role

Conflict management

Anger management

Leadership and importance of developing leadership

Module 5

[Duration: 2 Hours]

Conclusion

Lesson Plan

Lectures	Course Content
Lecture 1 (1 Hour)	Meaning and concept of personality
Lecture 2 (1 Hour)	Personality traits
Lecture 3 (1 Hour)	Self-development
Lecture 4 (1 Hour)	Personality development
Lecture 5 (1 Hour)	Theory related to personality development
Lecture 6 (1 Hour)	Motivation
Lecture 7 (1 Hour)	Aspects of personality development: Introduction
Lecture 8 (1 Hour)	Self image, & self concept
Lecture 9 (1 Hour)	Self identity & self awareness and components improving self awareness
Lecture 10 (1 Hour)	Emotional intelligence and its components
Lecture 11 (1 Hour)	Attitude-its meaning
Lecture 12 (1 Hour)	Importance and factors affecting attitude
Lecture 13 (1 Hour)	Creativity as personality development
Lecture 14 (1 Hour)	Personality skills & Soft skills
Lecture 15 (1 Hour)	Communication skills
Lecture 16 (1 Hour)	Interpersonal skills & Personal skills
Lecture 17 (1 Hour)	Presentation skill
Lecture 18 (1 Hour)	Resume writing
Lecture 19 (1 Hour)	Personal interview
Lecture 20 (1 Hour)	Mock interview
Lecture 21 (1 Hour)	Group discussion
Lecture 22 (1 Hour)	Team work and Leadership development:
Lecture 23 (1 Hour)	Group dynamic
Lecture 24 (1 Hour)	Team development
Lecture 25 (1 Hour)	Body language- its types and role
Lecture 26 (1 Hour)	Conflict management
Lecture 27 (1 Hour)	Anger management
Lecture 28 (1 Hour)	Leadership and importance of developing leadership
Lecture 29 (2 Hour)	Conclusion

Learning Resources

1. Personality development and soft skill- Goyal Brothers Prakasan
2. Bowmam, J.P. & Branchaw, P.P. (1987) Business Communication: From process to product, Dyrden Press, Chicago
3. Dwivedi A., Communications skills for professionals and students.
4. Krizan, A. Merrier, P., & Jones, C. (2002). Business Communication (5th ed.). Ohio: South-Western College Publishing
5. Dangwal, Surekha. (2017). The Art of effective Communication, Delhi: Macmillan
6. Bond M. (1988) Stress and Self Awareness: a Guide.
7. Lal and Joshi, Educational Psychology and Elementary Statistics, R.Lal Book Depot, Meerut
8. Linda Mendoza, Developing Effective Communication Skills

Evaluation Processes

At the end of the Course, there will be a Course-end Assessment. Attendance Component Marks would be calculated based on the actual Attendance Percentage of the Students during the classes of the Course.

Course-end Assessment	Marks: 20
Attendance	Marks: 5
Evaluation would be done: Course-end Assessment & Attendance	Total Marks: 25
Students will get Certificate	After Completion of the Course

Model Certificate

CERTIFICATE

The outcomes of The Personality Development course:

- **Improved Communication Skills:** Enhancing verbal and non-verbal communication, including presentation skills, active listening, and effective speaking
- **Soft Skills Development:** Developing emotional intelligence, empathy, and interpersonal skills to improve personal and professional relationships
- **Self-Awareness and Self-Management:** Understanding strengths, weaknesses, and goals through SWOT analysis and goal setting, leading to better time management and stress management
- **Leadership and Teamwork:** Developing leadership qualities, understanding group dynamics, and fostering teamwork and cooperation.
- **Personal Growth and Confidence:** Enhancing self-confidence, self-esteem, and self-efficacy through positive attitudes and self-development strategies.
- **Professional Development:** Preparing students for professional settings by teaching effective communication, presentation, and interview skills.
- **Holistic Development:** Fostering a balanced personality by addressing physical, intellectual, emotional, moral, social, and spiritual aspects

These outcomes help students develop essential skills for personal and professional growth, leading to improved employability and overall well-being.

Anil Sarin
Value Added Course
Co - Ordinator
J.R.M. Mahavidyalaya
P.O. - Amalapuram, Dist. Madurai

A Report
On
Personality Development.
Session -2022-2023
(Value Added Course) 3.11.2022-18.12.2022



The Department of English offered a value-added course entitled "Personality Development" to the students of the English Department who were pursuing their 1st, 3rd, and 5th semester Honours degree courses at Jatindra Rajendra Mahavidyalaya, Amtala, for the academic year 2022-2023. At the beginning, the IQAC published a notification related to this course (on October ..). All the necessary steps and arrangements were taken on behalf of IQAC to complete the course. Prof. Amal Sarkar was the coordinator of the course. There were 104 students enrolled in this course, and the class of the course started on November 3, 2022, and closed on December 18, 2022. The course consists of thirty classes (one hour each) and the final assessment was taken on December 22, four days after the completion of the classes, following the guidelines of the parent university related to mark distribution, i.e., 25 out of which 5 marks were allotted for attendance and 20 marks for final examination. The classes of this course were equally (ten classes each) distributed and taken by the three departmental professors, Prof. Abdul Halim Shaikh, Prof. Amal Sarkar, and Prof. Kuheli Chaudhury. At the end, students were given certificates after the completion of the course. A total of 82 students have completed this course.

The outcomes of a Personality Development course:

- **Improved Communication Skills:** Enhancing verbal and non-verbal communication, including presentation skills, active listening, and effective speaking
- **Soft Skills Development:** Developing emotional intelligence, empathy, and interpersonal skills to improve personal and professional relationships
- **Self-Awareness and Self-Management:** Understanding strengths, weaknesses, and goals through SWOT analysis and goal setting, leading to better time management and stress management
- **Leadership and Teamwork:** Developing leadership qualities, understanding group dynamics, and fostering teamwork and cooperation.
- **Personal Growth and Confidence:** Enhancing self-confidence, self-esteem, and self-efficacy through positive attitudes and self-development strategies.
- **Professional Development:** Preparing students for professional settings by teaching effective communication, presentation, and interview skills.

- **Holistic Development:** Fostering a balanced personality by addressing physical, intellectual, emotional, moral, social, and spiritual aspects

These outcomes help students develop essential skills for personal and professional growth, leading to improved employability and overall well-being.

The objectives of VAC: The personality development course are multifaceted and aim to enhance various aspects of a student's personality. Some of the key objectives include:

- **Know themselves better:** Understanding one's strengths, weaknesses, and potential
- **Identify and accept limitations:** Recognizing and overcoming personal limitations to achieve self-esteem.
- **Develop leadership qualities:** Enhancing leadership skills and ability to motivate others.
- **Improve communication skills:** Developing effective communication, presentation, and negotiation skills.
- **Enhance self-image and self-confidence:** Building self-esteem and confidence through self-awareness and self-management
- **Develop emotional intelligence:** Understanding and managing emotions effectively.
- **Improve social skills:** Enhancing interpersonal relationships and group dynamic.
- **Develop technical skills:** Improving technical skills relevant to the field of study
- **Prepare for professional life:** Preparing students for professional environments through in-campus training and mock interviews.
- **Foster a positive outlook:** Encouraging a positive outlook towards humanity and personal and professional growth

These objectives aim to create well-rounded individuals with strong personalities, capable of excelling in both personal and professional spheres.

The key aims of a personality :

Enhance self-awareness: To help students gain a deeper understanding of their own strengths, weaknesses, and potential.

- **Develop communication skills:** To improve students' ability to communicate effectively, both verbally and non-verbally.
- **Build confidence and self-esteem:** To boost students' confidence and self-belief through targeted exercises and training.
- **Cultivate leadership qualities:** To nurture leadership skills and the ability to motivate and guide others.
- **Improve interpersonal skills:** To enhance students' ability to build positive relationships and work effectively in teams.
- **Foster a positive mind-set:** To encourage an optimistic and resilient outlook that can help students succeed personally and professionally.
- **Prepare for the workplace:** To equip students with the necessary soft skills to excel in their future careers.

The overarching goal of a personality development course is to create well-rounded individuals who can thrive in various aspects of their lives at present time and in the future.

Amal Sarwan
 Value added Course
 Co - Ordinator
 J.R. Mahavidyalaya
 P.O.- Amtala, Dist.- Msd.

JATINDRA RAJENDRA MAHAVIDYALAYA

Amtala* Murshidabad

Department of English

Value Added Course

TOPIC: PERSONALITY DEVELOPMENT

COURSE CO-ORDINATOR: Amal Sarkar

Designation: Assistant Professor

Under the Guidance of IQAC, Jatindra Rajendra Mahavidyalaya

SESSION: 2022-2023

Course Duration: 03.11.2022-18.12.2022

Open to all English Honours Students (1st, 3rd, and 5th semester)

COMMENCEMENT OF THE COURSE: 03.11.2021

COURSE DURATION: 30 HOURS

SYLLABUS OF VALUE ADDED COURSE

PERSONALITY DEVELOPMENT

Module 1

Meaning and concept of personality
Personality traits
Self-development
Personality development
Theory related to personality development
Motivation

Module 2

Aspects of personality development:
Self image, & self concept
Self identity & self awareness and components improving self awareness
Emotional intelligence and its components
Attitude-its meaning
Importance and factors affecting attitude
Creativity as personality development

Module 3

Personality skills:
Soft skills
Communication skills
Interpersonal skills
Personal skills
Presentation skill
Resume writing

Personal interview
Mock interview
Group discussion

Module 4

Team work and Leadership development:

Group dynamic

Team development

Body language- its types and role

Conflict management

Anger management

Leadership and importance of developing leadership

Module 5

Conclusion

Amel Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
D. - Amtala, Dist. - Msd.

**Result****Value Added Course: Personality Development**Dept. Name
EnglishCourse Name
Personality DevelopmentSession :
2022-2023

Sl	Reg no	Student Id	Name	Marks	Attendance	Result
1	051345	B.A/22/0005	AYESHA SIDDIKA KHATUN	12	4	Complete
2	051359	B.A/22/0021	PUJA MONDAL	14	4	Complete
3	051347	B.A/22/0029	DEBIKA SAHA	16	4	Complete
4	051358	B.A/22/0031	PUJA CHOWDHURY			Incomplete
5	051375	B.A/22/0039	TITLI MANDAL	10	4	Complete
6	051376	B.A/22/0048	UMME SALMA SIDDIKA	12	3	Complete
7	051361	B.A/22/0073	RASHIDA KHATUN			Incomplete
8	051356	B.A/22/0077	NAIMA FARHIN	13	3	Complete
9	051390	B.A/22/0079	Shubhajit Das	15	4	Complete
10	051342	B.A/22/0081	ANANYA DAS	9	4	Complete
11	051353	B.A/22/0082	MOUMITA KHATUN	11		Incomplete
12	051367	B.A/22/0093	Samima Khatun	11	4	Complete
13	051362	B.A/22/0098	Reshma Khatun	10	3	Complete
14	051343	B.A/22/0142	ANITA KHATUN	13	3	Complete
15	051352	B.A/22/0157	MOULI GAIN	14	3	Complete
16	051348	B.A/22/0169	FIZA KHATUN			Incomplete
17	051394	B.A/22/0178	SUPRIYO DAS	10	3	Complete
18	051384	B.A/22/0179	JOSIMADDIN MONDAL	13	4	Complete
19	051355	B.A/22/0203	MUSLIMA KHATUN	12	3	Complete
20	051360	B.A/22/0205	RAIHANA SULTANA	15	4	Complete
21	051351	B.A/22/0206	MONJIA KHATUN			Incomplete
22	051365	B.A/22/0213	ROSE KHATUN	11	4	Complete
23	051350	B.A/22/0218	JULIAS PARVIN	12	3	Complete
24	051364	B.A/22/0241	RITIKA SARKAR	13	2	Complete
25	051346	B.A/22/0245	BUSRA AZMI	13	4	Complete
26	051391	B.A/22/0247	SOUMYA SUBHRA BISWAS	12	3	Complete
27	051368	B.A/22/0285	SHIMRAN KHATUN	16	2	Complete
28	051382	B.A/22/0289	EAMIN MONDAL	15	4	Complete
29	051386	B.A/22/0295	SAHIN SK	12	2	Complete
30	051371	B.A/22/0306	SUMANA MANDAL	11	2	Complete
31	051388	B.A/22/0310	SAMSUL ALAM MIA	12	3	Complete
32	051385	B.A/22/0328	MJANUR MALITYA	12	3	Complete
33	051392	B.A/22/0332	SOYEB AKTAR MONDAL	10	3	Complete
34	051378	B.A/22/0339	ANISH MANDAL	11	3	Complete
35	051354	B.A/22/0354	MOUSUMI KHATUN	13	4	Complete
36	051380	B.A/22/0370	ASIF SK	11	2	Complete
37	051349	B.A/22/0373	JAHURA KHATUN	15	3	Complete
38	051381	B.A/22/0917	ASIQUE IQBAL MONDAL	13	2	Complete
39	051389	B.A/22/1046	SAYAN MONDAL	10	4	Complete
40	051366	B.A/22/1110	SAMIMA AKTAR	11	3	Complete
41	051387	B.A/22/1203	SAHIR KHAN			Incomplete
42	051363	B.A/22/1295	RIMA KHATUN	13	4	Complete

Amal Sarkar

Value added Course

Co - Ordinator

J.R. Mahavidyalaya

P.O.- Amtala, Dist.- Msd.

A.era

Signature of Principal / Teacher-in-charge

Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

**Result****Value Added Course: Personality Development**Dept. Name
EnglishCourse Name
Personality DevelopmentSession :
2022-2023

Sl	Reg no	Student Id	Name	Marks	Attendance	Result
43	051372	B.A/22/1370	SURAIYA MONDAL	16	3	Complete
44	051383	B.A/22/1378	JASIMUDDIN SK	13	4	Complete
45	051393	B.A/22/1387	SUBHANKAR MONDAL	14	3	Complete
46	051369	B.A/22/1444	SOHANA KHATUN	12	4	Complete
47	051374	B.A/22/1461	TANIMA YEASMIN			Incomplete
48	065452	B.A/21/0051	MANTU PRAMANIK	12	4	Complete
49	065465	B.A/21/0063	SUSMITA DAS	13	2	Complete
50	065447	B.A/21/0067	ANINDITA KARMAKAR	12	3	Complete
51	065481	B.A/21/0078	SUPRATIK BISWAS	11	3	Complete
52	065471	B.A/21/0095	JAMIRUL SK	10	3	Complete
53	065468	B.A/21/0108	ARJIT KARMAKAR			Incomplete
54	065464	B.A/21/0121	SUHANA KHATUN	16	3	Complete
55	065460	B.A/21/0122	PRIYA CHOWDHURY	14	4	Complete
56	065459	B.A/21/0156	PIPASHA KHATUN	12	3	Complete
57	065476	B.A/21/0171	PIKU MANDAL	13	3	Complete
58	065478	B.A/21/0178	SAMRAT MONDAL	11		Incomplete
59	065482	B.A/21/0180	TOHIDUL MANDAL	10	3	Complete
60	065462	B.A/21/0221	RUBINA KHATUN			Incomplete
61	065454	B.A/21/0222	MOUPIYA MAJUMDER	12	4	Complete
62	065457	B.A/21/0225	NARJUMA KHATUN	13	2	Complete
63	065463	B.A/21/0236	SAHANAJ MONDAL			Incomplete
64	065475	B.A/21/0244	MEHEDI HASAN HALSONA	17	4	Complete
65	065453	B.A/21/0276	MARIA KIPTIA	11	3	Complete
66	065477	B.A/21/1038	RASEL SAIKH	15	3	Complete
67	065470	B.A/21/1047	FARDOSH BISWAS	13	4	Complete
68	065461	B.A/21/1629	ROQUEA TASNIM	12	3	Complete
69	065449	B.A/21/1630	FARHANA AKTAR			Incomplete
70	065473	B.A/21/1659	KAMRUJJAMAN MONDAL	14	3	Complete
71	065480	B.A/21/1712	SUMAN MONDAL	15	4	Complete
72	065466	B.A/21/1736	Tania Khatun	10		Complete
73	065472	B.A/21/1826	Juel Rana Malitya	13	3	Complete
74	065451	B.A/21/1880	HENA KHATUN			Incomplete
75	065458	B.A/21/1886	OYEHEDA NASRIN	17	4	Complete
76	057632	B.A/20/0022	JEMIRA ANJUM			Incomplete
77	057631	B.A/20/0044	ISHITA AKTER SATHI			Incomplete
78	057635	B.A/20/0053	RIMI SAHA	15	4	Complete
79	057630	B.A/20/0055	HAFEJA KHATUN	12	2	Complete
80	057627	B.A/20/0057	ANANYA CHATTERJEE	17	5	Complete
81	057628	B.A/20/0112	ANUSHREE CHOWDHURY			Incomplete
82	057640	B.A/20/0121	SATHI KHATUN	10	5	Complete
83	057649	B.A/20/0127	IMAN KABIR	11	4	Complete
84	057629	B.A/20/0128	BANYA GHOSH			Incomplete

Amal Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist.- Msd.

Q289
Signature of Principal / Teacher-in-charge
Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

TINDRA RAJENDRA MAHAVIDYALAYA



P.O - AMTALA * DIST. - MURSHIDABAD * PIN CODE - 742121

E-mail - principal@jrm.org.in, Web Site - www.jrm.org.in, Phone No - 03482-247244, 247107

Result

Value Added Course: Personality Development

Dept. Name
English

Course Name
Personality Development

Session :
2022-2023

Sl	Reg no	Student Id	Name	Marks	Attendance	Result
85	057641	B.A/20/0161	SHILPA HALDER	17	5	Complete
86	057659	B.A/20/0167	TANMOY CHAKRABORTY	10	2	Complete
87	057644	B.A/20/0172	SOHANA SULTANA	16	3	Complete
88	057653	B.A/20/0177	PAPPU GHOSH			Incomplete
89	057657	B.A/20/0395	SAJJAD SK	17	4	Complete
90	057643	B.A/20/0399	SINTHIYA BISWAS	15	2	Complete
91	057634	B.A/20/0406	RICHA CHAKRABORTY	14	3	Complete
92	057660	B.A/20/0428	TARIF AZIZ BISWAS	11	4	Complete
93	057652	B.A/20/0433	NAJBUL MONDAL	13	3	Complete
94	057645	B.A/20/0521	SUHANA MONDAL			Incomplete
95	057658	B.A/20/0528	SAMIM MANDAL	11	4	Complete
96	057639	B.A/20/0576	SABNUR KHATUN	14	3	Complete
97	057654	B.A/20/1428	PRANTIK MAJUMDER	11	3	Complete
98	057638	B.A/20/1437	SABANA AJMI	11	4	Complete
99	057633	B.A/20/1452	MUNNAHAR KHATUN			Incomplete
100	057656	B.A/20/1502	SAMIN HOSSAIN SEKH	13	4	Complete
101	057661	B.A/20/1505	TOHEL RANA MONDAL	11	4	Complete
102	057646	B.A/20/1517	SUHANA SULTANA			Incomplete
103	057662	B.A/20/1524	TRINOY DEY			Incomplete
04	081719	B.A/20/1593	ASIA KHATUN	14	4	Complete

Amal Sarkar
Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist.- Msd.

Gera
Signature of Principal / Teacher-in-charge

Teacher-in-Charge
Jatindra-Rajendra Mahavidyalaya
P.O. Amtala, Dist. Murshidabad

REGISTER OF ATTEND-
FOR THE MONTH

3/11/2022 - 18/12/2022
ANCE OF PUPILS
OF November to December 2022

Sl. No.	NAME OF PUPILS	ATTEND -											
		1	2	3	4	5	6	7	8	9	10	11	12
1	Angistha Siddha Khatun	A	A	A	A	A	A	A	A	A	A	A	A
2	Piya Mondal	A	A	A	A	A	A	A	A	A	A	A	A
3	Abhishek Saha	A	A	A	A	A	A	A	A	A	A	A	A
4	Piya Chatterjee	A	A	A	A	A	A	A	A	A	A	A	A
5	Tishi Mondal	A	A	A	A	A	A	A	A	A	A	A	A
6	Umme Salma Siddha	A	A	A	A	A	A	A	A	A	A	A	A
7	Kashida Khatun	A	A	A	A	A	A	A	A	A	A	A	A
8	Arshana Firdaus	A	A	A	A	A	A	A	A	A	A	A	A
9	Surbajit Das	A	A	A	A	A	A	A	A	A	A	A	A
10	Ananyaj Das	A	A	A	A	A	A	A	A	A	A	A	A
11	Manojit Khatun	A	A	A	A	A	A	A	A	A	A	A	A
12	Somya Khatun	A	A	A	A	A	A	A	A	A	A	A	A
13	Rishma Khatun	A	A	A	A	A	A	A	A	A	A	A	A
14	Anita Khatun	A	A	A	A	A	A	A	A	A	A	A	A
15	Megha Khatun	A	A	A	A	A	A	A	A	A	A	A	A
16	Faza Khatun	A	A	A	A	A	A	A	A	A	A	A	A
17	Surbijit Das	A	A	A	A	A	A	A	A	A	A	A	A
18	Tasmalita Mondal	A	A	A	A	A	A	A	A	A	A	A	A
19	Muklima Khatun	A	A	A	A	A	A	A	A	A	A	A	A
20	Kadryna Sultana	A	A	A	A	A	A	A	A	A	A	A	A
21	Menya Khatun	A	A	A	A	A	A	A	A	A	A	A	A
22	Rose Khatun	A	A	A	A	A	A	A	A	A	A	A	A
23	Tulias Patra	A	A	A	A	A	A	A	A	A	A	A	A
24	Ritika Saha	A	A	A	A	A	A	A	A	A	A	A	A
25	Rusya Azmi	A	A	A	A	A	A	A	A	A	A	A	A
26	Somya Subha Biswas	A	A	A	A	A	A	A	A	A	A	A	A
27	Shimran Khatun	A	A	A	A	A	A	A	A	A	A	A	A
28	Emanj Mondal	A	A	A	A	A	A	A	A	A	A	A	A
29	Sahid SK.	A	A	A	A	A	A	A	A	A	A	A	A
30	Sumana Mondal	A	A	A	A	A	A	A	A	A	A	A	A
31	Sayantol Alam Min	A	A	A	A	A	A	A	A	A	A	A	A
32	Miyamun Malika	A	A	A	A	A	A	A	A	A	A	A	A
33	Sagita Akta Mondal	A	A	A	A	A	A	A	A	A	A	A	A
34	Anisha Mondal	A	A	A	A	A	A	A	A	A	A	A	A
35	Mousumi Khatun	A	A	A	A	A	A	A	A	A	A	A	A
36	Asif SK.	A	A	A	A	A	A	A	A	A	A	A	A
37	Talukna Khatun	A	A	A	A	A	A	A	A	A	A	A	A
38	Asique Intol Mondal	A	A	A	A	A	A	A	A	A	A	A	A
39	Saigun Mondal	A	A	A	A	A	A	A	A	A	A	A	A
40	Savitri Akta	A	A	A	A	A	A	A	A	A	A	A	A

Sl. No.	NAME OF PUPILS	ANCE				No. of days
		Present	Late	Absent on Leave	Absent without Leave	
1	Angistha Siddha Khatun	12	0	0	0	12
2	Piya Mondal	12	0	0	0	12
3	Abhishek Saha	12	0	0	0	12
4	Piya Chatterjee	12	0	0	0	12
5	Tishi Mondal	12	0	0	0	12
6	Umme Salma Siddha	12	0	0	0	12
7	Kashida Khatun	12	0	0	0	12
8	Arshana Firdaus	12	0	0	0	12
9	Surbajit Das	12	0	0	0	12
10	Ananyaj Das	12	0	0	0	12
11	Manojit Khatun	12	0	0	0	12
12	Somya Khatun	12	0	0	0	12
13	Rishma Khatun	12	0	0	0	12
14	Anita Khatun	12	0	0	0	12
15	Megha Khatun	12	0	0	0	12
16	Faza Khatun	12	0	0	0	12
17	Surbijit Das	12	0	0	0	12
18	Tasmalita Mondal	12	0	0	0	12
19	Muklima Khatun	12	0	0	0	12
20	Kadryna Sultana	12	0	0	0	12
21	Menya Khatun	12	0	0	0	12
22	Rose Khatun	12	0	0	0	12
23	Tulias Patra	12	0	0	0	12
24	Ritika Saha	12	0	0	0	12
25	Rusya Azmi	12	0	0	0	12
26	Somya Subha Biswas	12	0	0	0	12
27	Shimran Khatun	12	0	0	0	12
28	Emanj Mondal	12	0	0	0	12
29	Sahid SK.	12	0	0	0	12
30	Sumana Mondal	12	0	0	0	12
31	Sayantol Alam Min	12	0	0	0	12
32	Miyamun Malika	12	0	0	0	12
33	Sagita Akta Mondal	12	0	0	0	12
34	Anisha Mondal	12	0	0	0	12
35	Mousumi Khatun	12	0	0	0	12
36	Asif SK.	12	0	0	0	12
37	Talukna Khatun	12	0	0	0	12
38	Asique Intol Mondal	12	0	0	0	12
39	Saigun Mondal	12	0	0	0	12
40	Savitri Akta	12	0	0	0	12

Value
J.R. Mandal, Jalpaiguri
P.O. - Amtala, Dist. - Med.
Course
Amal Saha

REMARKS

REGISTER OF ATTENDANCE

FOR THE MONTH

(20/11/22 - 18/12/22)
 OF November - December

NAME OF PUPILS

Sl. No. & dt. of Adm. in the Adm. Reg.

ATTEND -

ANCE

No. of days

Present
 Late Present
 Absent
 On Leave
 Absent without Leave

81. Anushree Cheraluery	82. Sathi Khatun	83. Iman Kabir	84. Manya Akter	85. Shilpa Halder	86. Tameem Akter	87. Setona Sultana	88. Dappu Akter	89. Sayed SK	90. Sushila Bhowmik	91. Pice Chakraborty	92. Tarek Aziz Palmas	93. Nijel Mendal	94. Sudana Mendal	95. Saimon Mendal	96. Sabrina Khatun	97. Prantik Majumdar	98. Sabana Ajmal	99. Minakshi Khatun	100. Saamin Hossain Sikil	101. Tarek Rama Mendal	102. Sukana Sultana	103. Triney Sree	104. Asia Khatun
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Amal
 Value added Course
 Co - Ordinator
 J.R. Mahavidyalaya
 P.O. - Amala, Dist. - Med.

No. Present daily

REMARKS

JatindraRajendraMahavidyalya

Amtala, Murshidabad

Department of English

Value Added Course

Topic: Personality Development

Session-2022-2023

Time :45 Minutes

11

F.M-20

Roll... BA/21/0078

Reg.no- 065481

Signature of the invigilator

Marks Obtained:.....

Choose the correct option and answer any twenty of the following MCQs:

1. Personality developed as a result of

a) Genetic inheritance

b) Environmental influences

c) Social influences

d) all of the above

2. Which of the following things can have an effect on the development of an individual's personality?

a) Physical and mental capabilities

b) Health and physical appearance

c) Skin color, gender, and sexual orientation

d) all of the above

3. is the complex of mental characteristics that makes each of us unique from other people.

a) Personality

b) Physical appearance

c) Heredity

d) Emotional tone

4. Which of the following statements is true?

a) Ruth Benedict argued that national personality types do not exist

b) We often share personality traits with others, especially members of our own family and community

c) The term modal personality refers to the personality traits shared by all members of a society

d) b and c

5. the most common personality type within a society is

a) A tradition -oriented personality

b) An inner -directed personality

c) The modal personality

d) all of the above

6. David Riesman proposed that there are three common types of modal personality . Which of the following is one of them

a) A Christian Personality

b) An indigenous personality

c) A cosmopolitan personality

d) None of the above.

7. Which of the following statements is true concerning personality?

a) People have either a tradition -oriented, inner-directed, or other directed personality—no one has a combination of traits these different modal personalities.

b) Other directed personalities are likely to be common in culturally diverse large scale societies.

c) all of the above

d) Neither of the above.

8. Emotional Development is a part of

a) Motor Development

b) Cognitive Development

c) Psychological development

d) None of the above

9) Who talked about identity crisis theory of personality?

a) Alfred Adler

b) Sigmund Freud

c) Eric Ericson

d) None of the above

10. Erikson defines Identity diffusion as

a) The experience of not having a sense of one's identity

b) the experience of having perfect identity

c) The experience of having two identities

d) None of the above

11. The activities embedded in work education primarily developed the following characteristics, except

a) Develop skill such as problem solving, critical thinking, and decision making

b) To introduce the world's worldly pleasure and reality

c) Help in personality development

d) all of the above.

12. Most subjective method for measuring personality of a child is

a) Project Method

b) Interview Method

c) Questionnaire Method

d) Sociometry method

13. Thematic Appreciation Test (TAT) of measuring personality is a

a) Subjective technique

b) Objective technique

c) Projective technique

d) Experimental technique

14. Which of one of the following is a projective test of personality?

- a) Minnesota Multiphasic personality test
- b) Sociometric Test
- c) Word Association Test
- d) Bell's Adjustment Inventory

15. How many Personality types are mentioned by Kreschmer?

- a) four
- b) two
- c) Three
- d) Five

16. Communication is a non-stop

- a) Paper
- b) Process
- c) Programme
- d) Plan

17. Communication is a part of Skill

- a) soft
- b) Hard
- c) Rough
- d) Short

18. The response to a sender's message is called

- a) Food bank
- b) Feedback
- c) Food
- d) Back

19. is the person who notices and decodes and attaches some meaning to a message.

- a) receiver .

- b) Driver
- c) Sender
- d) cleaner

20refers to all these factors that disrupt the communication.

- a)Nonsense
- b)Noise
- c) Nowhere
- d) Nobody

21. The most important interpersonal skills are.

- a)2
- b)3
- c)4
- d)5

22. What is another name of the Interpersonal skill?

- a)hard skill
- b) soft skill
- c) Intrapersonal skill
- d) None of the above

23. What does Team Work mean?

- a) To work well with others
- b) To work hard
- c) To communicate well
- d) To work using soft skill.

24) How do you use team work in your everydaylife.

- a) Helpa old lady across the street.
- b) Walk someone to class
- c) Work with students to get and assignment done

d) a&b

25) is increasing Leadership rapidly:

a) Strategy

b) Command

c) Control

4) Getting other to follow

Jatindra Rajendra Mahavidyalaya

Amtala • Murshidabad • West Bengal



Certificate

of

Value Added Course

This is certify that

Sudhakar Biswas of *Srda* semester

Registration No. *05.5.481*, Session 2022-23, from the Department of English, who has

successfully completed Value Added Course on "Personality Development" conducted by

Department of English from 03.11.2022 to 18.12.2022.

We wish him /her for future endeavours.

Value added Course
Co - Ordinator
J.R. Mahavidyalaya
P.O.- Amtala, Dist. *Murshidabad*
Amal Saran

COURSE COORDINATOR
DEPARTMENT OF ENGLISH

CO-ORDINATOR

IQAC

IQAC
Coordinator
Jatindra-Rajendra Mahavidyalaya
Amtala, Murshidabad

TIC

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